

NTPC Health & Safety Alert

Food Processor Blade Injury



Background

While cleaning up the kitchen, an individual was putting away a blender on a shelf next to where the food processor and accessories were stored. Who would have thought life could change so quickly? As they were setting the blender back on the shelf the sleeve of her shirt caught the food processor blade and sent it flying. It landed on the top of the left foot, cutting a large, deep gash.



Practical Guidance

An everyday task turned into an injury that can change a person's lifestyle for a long time – this injury happened in a flash. The gash on the foot needed surgery to repair two tendons that help to control the use of the big toe.

What would this mean to you if this happened? What is the outcome?

- 2 nights in hospital and surgery
- Serious infection set in with another 3 days in hospital
- Wearing an air boot all day for 3 months and closed-toe shoes for the 4th month
- Loss of income



How inconvenient wearing an air boot to bed and all day for three months in order for the tendons to heal properly and to prevent the stubbing of the toe.

Questions to ask yourself:

- With this injury, would you be able to do your job? Or would modified duties be required for you to continue working?
- Does safety only belong at work?

It only takes a second and life as you know it can be changed. **Take time and care while working whether at home, work or play to assess and control all hazards!**